

# EASTLAKE24 SR 23

## Group Fitness

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					7am Spin <b>Audrey</b>
	8:00am Bootcamp <b>TJ</b>				8:15am Bootcamp <b>Olga</b>
9:30am Silver Sneakers <b>Sara</b>		9:30am Silver Sneakers <b>Sara</b>		9:30am Senior Fitness <b>Sara</b>	9:15am Zumba <b>Olga</b>
		5:15pm RIP <b>Nicki</b>			
6:15pm Zumba <b>Olga</b>		6:15pm Zumba <b>Olga</b>			
\$ 7:30pm Boxing Class <b>Nate</b>	\$ 6:30pm Boxing Class <b>Nate</b>	\$ 7:30pm Boxing Class <b>Nate</b>	\$ 6:30pm Boxing Class <b>Nate</b>		

PLEASE REGISTER ONLINE AT LEAST **1 DAY** PRIOR  
TO CLASS.